

# FACEBOOK

**2400X1256PX**

PPL WILL SEE THE FIRST  
70 CHARACTERS MAX  
MONDAY TO FRIDAY  
\_\_\_\_\_ 1PM TO 3PM

# INSTAGRAM

**1056X1056PX**

PPL WILL SEE THE FIRST  
40 CHARACTERS MAX  
MONDAY TO SUNDAY  
\_\_\_\_\_ ANYTIME

# LINKEDIN

**800X800PX**

PPL WILL SEE THE FIRST  
80 TO 120 CHARACTERS  
MONDAY TO FRIDAY  
\_\_\_\_\_ AFTER 5PM

# TWITTER

**1024X512PX**

PPL WILL SEE THE FIRST  
71 TO 100 CHARACTERS  
WED — SAT — SUN  
\_\_\_\_\_ 3PM TO 5PM